

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|--|
| No. 1 | Name of organisation: 9th Kenton Scout Group Name of project: Provide Scouting activities for children aged 6 - 14 years living within the areas of Kenton, Harrow and Stanmore. Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £20381.00 Amount Requested 2014/15: £5000.00 Balance: £15381.00 Number of Beneficiaries: 93 Assessment Score as %: 76.66% Amount Awarded 2013/14: £2500.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Because we are such an active Group we are one of the few Scout Groups in the area fortunate enough to have a full membership, and waiting lists, for all of our three sections. Our current membership is 93 young people with 16 Adult Leaders. We believe that this is because of the vast range of opportunities and activities that we offer the young people who are our members.</p> <p>We are one of very few youth groups which run in the evenings keeping young people off of the street, out of trouble, and giving them a chance to participant in new and exciting activities which they would not normally get a chance to experience.</p> <p>An ever increasing number of our members come from low income families and we offer them a chance of participating in these activities or going on camping expeditions that they would otherwise not get the opportunity to experience or partake in. We encourage each and everyone of our members to reach their full potential as young citizens.</p> <p>We are always conscious that we have to keep our membership fees down to an affordable level - especially in the current financial climate - and these are exclusively spent on providing Scouting activities for our membership.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|---|
| No. 2 | Name of organisation: African Women Welfare (AWOW) Name of project: Empowering African Women Through Education/Training Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are helped to overcome poverty, worklessness and homelessness | Total Project Cost: £5000.00 Amount Requested 2014/15: £5000.00 Balance: £0 Number of Beneficiaries: Assessment Score as %: 63.33% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>We will be running Classes course in IT and ESOL for women from Harrow.</p> <p>The classes will include:</p> <p>Basics IT Skills</p> <p>Use of Window 7</p> <p>The ESOL classes will include:</p> <p>Basics English (level 1 and 2)</p> <p>Classes will take place at North; and volunteer; tutors costs</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|--|
| No. 3 | Name of organisation: Asperger's Syndrome Access to Provision Name of project: Improving Social Understanding Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £4992.00 Amount Requested 2014/15: £4992.00 Balance: £0 Number of Beneficiaries: 30 Assessment Score as %: 90.00% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>This project consists of:</p> <ul style="list-style-type: none"> • Two, 2 hour sessions per month for 15 clients per session (30 clients in total/month), of which, one of the sessions will teach clients through a collaborative approach, how to understand themselves in terms of their own autism as well as understanding other people. The other session will explore the neuro-typical world and help explain in a meaningful way the underlying reasons behind various human behaviours, responses and interactions. • Sessions specifically tailored to meet clients individual needs and address core features of autism as they are experienced by the individuals themselves, i.e. social difficulties and provide them with coping strategies for High Anxiety, Social Isolation and Social Exclusion all easing co-morbid diagnosis of mental illness and reducing their dependency on the State and Carer. • Sessions run using different techniques; one to one, role play, and group work. <p>The total project will cost £4992.00, this expenditure includes; a centre manager and session leader/qualified psychotherapist to attend/run each session, rent, refreshments, session materials, insurance, end of yr. account fees, volunteer exp. and training.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|---|
| No. 4 | Name of organisation: CONNAUGHT OPERA Name of project: Professional Concerts for older people residing in Harrow Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £4080.00 Amount Requested 2014/15: £4080.00 Balance: £0 Number of Beneficiaries: 420 Assessment Score as %: 46.66% Amount Awarded 2013/14: £0 |
| <u>Briefly describe the project / activity</u> (Extract from Application Form) Professional performers, singers Maria Arakie, Glenn Wilson and their pianist take an hour long concert (free at point of delivery) to designated centres in Harrow. Providing music that is appropriate and relevant to older people, who are often isolated or disadvantaged, and use services that are designed for this group throughout Harrow. | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|--|
| No. 5 | Name of organisation: HARROW AFRICAN-CARIBBEAN ASSOCIATION [HACAS] Name of project: HACAS ACTIVITY DAY CENTRE Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £11664.00 Amount Requested 2014/15: £5000.00 Balance: £6664.00 Number of Beneficiaries: 251 Assessment Score as %: 53.33% Amount Awarded 2013/14: £2500.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>The HACAS Activity Day Centre is a Project created from inception in 1991 primarily to provide a meeting place to bring together those members of the community, particularly the Elderly African-Caribbeans who may feel isolated and depressed in their homes. The need to avoid isolation is the Project's main objective, meeting others to enjoy a meal and also where people in Residential Homes who cannot access Caribbean food have the opportunity to do so by attending the Centre (with the assistance of their Carers). Although the Project is primarily for the African-Caribbeans of the Borough, all nationalities/ethnicities are welcome. The HACAS Activity Day Centre meets every Friday from 11:00am to 4:00pm at the Methodist Church Hall, Locket Road, Wealdstone, Harrow HA3 7DN.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|--|
| No. 6 | Name of organisation: Harrow Agenda 21 Environment Forum Name of project: Environment activity and learning, school and teacher support Corporate Priority: Keeping neighbourhoods clean, green and safe Core Outcome: Harrow's streets, public buildings and spaces are kept free of litter, fly-tipping and vandalism | Total Project Cost: £4860.00 Amount Requested 2014/15: £4860.00 Balance: £0 Number of Beneficiaries: 2500 Assessment Score as %: 66.66% Amount Awarded 2013/14: £3532.50 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Set up termly in-service training for teachers and teaching assistants in the Borough. Use volunteers to share knowledge and provide equipment to partaking schools.</p> <p>Publicise by termly newsletter circulated to all schools in Harrow.</p> <p>Financial and practical support to schools, eg allotments projects.</p> <p>Provide resources for environmental awareness training.</p> <p>Anne Swain financial awards for schools - display of winning works at Civic Centre and at the Teachers Centre.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|--|
| No. 7 | Name of organisation: Harrow Anti-Racist Alliance Name of project: Community Support Service (CSC) Corporate Priority: United and involved communities Core Outcome: Diversity is celebrated and people feel they get on well together | Total Project Cost: £5341.20 Amount Requested 2014/15: £4996.60 Balance: £344.60 Number of Beneficiaries: 300 Assessment Score as %: 60.00% Amount Awarded 2013/14: £3748.05 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Our CSC assists Harrow residents from diverse heritages with cases including racism, health, housing, education, employment and benefits, and assists clients to access services. Our team members speak a range of languages including Asian and African languages. The team includes qualified caseworkers, law graduates seeking employment, pro-bono lawyers and volunteers, often trained by CAB or Victim Support. We help clients to prepare their documentation and advocate on their behalf to stop harassment/bullying and prevent repeat harassment. We provide a support group for Elderly Asian Women from diverse backgrounds and a listening service. We receive referrals from partners and make referrals to partners to resolve cases e.g. to counselling services, HEC, and Harrow Law Centre. We also help clients to access ESOL and I.T. courses. We offer work-experience and mentor beneficiaries preparing for work-based qualifications in teaching, nursing and admin. We help people into work with CV writing, references, mock interviews. Our clients are encouraged to participate in HARA and Council events, and volunteers are encouraged to go on training courses for First Aid or Food Handling.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|---|
| No. 8 | Name of organisation: Harrow Athletic Club Name of project: Quadkids and Super 8 Athletics Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £9710.00 Amount Requested 2014/15: £4855.00 Balance: £4855.00 Number of Beneficiaries: 230 Assessment Score as %: 46.66% Amount Awarded 2013/14: £3716.25 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Athletics is very much in the public eye and is continuing to grow in popularity. With real evidence as demonstrated by the large numbers of young athletes enquiring at the club, the aim is to expand on its 365 and Sportshall Indoor project by creating a smooth transition between these sessions to outdoor competitions (Quadkids and Super 8). Quadkids promotes competition in the community targeting under 9, 11 and 13 age groups and is the perfect stepping stone for new athletes encompassing all key aspects of athletics; endurance, speed, agility and strength. Super 8 athletics complements the already popular Schools Super8 format for those older, more able children and young adults (under 15, under 17 and college aged students). It is easily organised and delivered by coaches and volunteers and takes around 2 hours to complete. Both Quadkids and Super 8s are team-based including running, jumping, throwing making them fast and furious with the hope of maximising and retaining the interest of youngsters during the summer months following winter indoor sessions whilst also attracting new athletes.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|--|
| No. 9 | Name of organisation: Harrow Bengalee Association Name of project: Bengali Family & Senior Citizen's Support Project Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £10130.00 Amount Requested 2014/15: £5000.00 Balance: £5130.00 Number of Beneficiaries: 284 Assessment Score as %: 70.00% Amount Awarded 2013/14: £2490.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Our project will provide the following activities & services:</p> <p>(a) Health & Wellbeing sessions:</p> <p>We provide lecture & information on health awareness issues like diabetics, prevention of obesity, back pain, neck & shoulder pain, women's health, osteoporosis, various cancer by qualified medical professionals followed by question and answer sessions. We have number of retired Bengalee G.P. , Orthopedic and general medical consultants who provides free services to our community.</p> <p>(b) Monthly Family Support Group:</p> <p>This session includes networking, exchange views and share ideas. We invite speaker for information on school, Teenage issues, parenting workshop and any other related issues as per request from our service users. We provide hospital / GP visits with our service users for interpreting and also home visit for isolated families.</p> <p>We present cultural programme for important occasions, which helps with the social integration. We specially aim to target disadvantaged group, such as families with low income, isolated families due to language / social barrier and lack of self confidence, to come out and join our Family Support Project.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|--|
| No. 10 | Name of organisation: Harrow Community Radio Ltd Name of project: Harrow Community Radio (HCRfm) Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £4843.03 Amount Requested 2014/15: £4843.03 Balance: £0 Number of Beneficiaries: 4500 Assessment Score as %: 96.66% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Harrow Community Radio (HCR) is an Internet based radio station serving the London Borough of Harrow. We currently broadcast a range of shows from our studios in Wealdstone. These range from specialist music Jazz/Bollywood/Dance to community based shows highlighting the work currently being carried by local charity, community and social enterprises. We showcase the 120 sports association in the Borough as well as delivering live commentaries from our main local football, rugby and cricket teams. We also showcase local artists whether this be via music, drama, written and spoken word and visual arts.</p> <p>We provide training for all of our volunteers as well as other sections of the community. This has recently been extended to focus on young people between 13 – 19 years who have successfully completed the accredited NCFE level 1 in Radio Production. We aim to extend this to Level 3 in the future.</p> <p>We are part of the local community, broadcasting live from major events such as Under One Sky, the Queen's Jubilee visit and the Olympic Torch relay to small events e.g. school fetes. Our ultimate aim is to be successful in obtaining a full Ofcom Community FM radio licence.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|---|
| No. 11 | Name of organisation: Harrow Heritage Trust Name of project: Management of and public engagement with Harrow's nature reserves Corporate Priority: Keeping neighbourhoods clean, green and safe Core Outcome: Harrow's streets, public buildings and spaces are kept free of litter, fly-tipping and vandalism | Total Project Cost: £5000.00 Amount Requested 2014/15: £5000.00 Balance: £0 Number of Beneficiaries: 24000 Assessment Score as %: 93.33% Amount Awarded 2013/14: £3750.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Twenty volunteer wardens in the Harrow Nature Conservation Forum help maintain these open spaces:</p> <p>Bentley Old Vicarage, Bentley Priory Nature Reserve, Newton Farm Ecology Park, Pear Wood, Roxbourne Rough, Stanmore Common, Stanmore Country Park, Stanmore Little Common</p> <p>Works to maintain and improve the sites for visitors and biodiversity will be carried out by local volunteers and groups from The Conservation Volunteers under the management of our voluntary wardens.</p> <p>We will continue to design and print leaflets describing each of our sites and distribute them in the metal boxes sited at the entrances to the sites, as well as in libraries, at the Harrow Museum and at fairs and shows. We will continue to advertise our sites, events and volunteer opportunities on our website, on Facebook and by Twitter.</p> <p>A warden or regular volunteer will attend a residential course at the Field Studies Council in the taxonomy and identification of an invertebrate group relevant to our sites.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|---|
| No. 12 | Name of organisation: Harrow Kuwaiti Community Association Name of project: Kuwaiti Bidoon Community football academy Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £5580.00 Amount Requested 2014/15: £5000.00 Balance: £580.00 Number of Beneficiaries: 30 Assessment Score as %: 80.00% Amount Awarded 2013/14: £2490.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Our Football project will ensure that all young people from the Kuwaiti and other Arab communities have access to train with fully qualified coaches & participate in high quality competitions enabling them to learn new skills.</p> <p>We will attract isolated children and young people to increase their confidence, self esteem and integration with other cultures, breakdown cultural barriers. We aim to connect young people through football encourage team work, new friendships and a healthy lifestyle through positive role models and attitudes and by the development of the young volunteers during the training sessions, involvement that could lead to employment opportunities at a later date.</p> <p>This project aims to increase social ties between the members and especially those living in Harrow and provide them with a vital role in encouraging people to make a significant contribution to the establishment of healthier and happier communities.</p> <p>HOW WE WILL DO IT:</p> <ul style="list-style-type: none"> - hire venue for training with Barnet FC every week. - hire office for meetings and admin work - recruit volunteers - publicise the activity at various community settings - offer coaching courses and trial opportunity with Barnet FC | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|--|
| No. 13 | Name of organisation: Harrow Over 50 Club Name of project: Service to residents of Harrow over 50 in age Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £5155.00 Amount Requested 2014/15: £5000.00 Balance: £155.00 Number of Beneficiaries: 128 Assessment Score as %: 60.00% Amount Awarded 2013/14: £2500.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <ol style="list-style-type: none"> 1. Hire regular meeting place at Victoria Hall, Sheepcote Road, Harrow, for monthly gatherings of the club on every second Tuesday of the month for up to 3 hours between 8 and 11 pm. During these gatherings social, educational, cultural activities are held. Seminars are offered with guest speakers to discuss medical, health and lifestyle issues. Refreshments are served 2. Arrange special events with food and cultural shows to celebrate Bengali new years day & International language day. 3. Arrange dinner at two Eid festival. 4. Arrange Yoga sessions weekly at HAVS premises or other suitable venue, Saturdays 10 to 11 am, 40 times a year. 5. Help members keep abreast of national & local issues by providing news papers and journals. 6. Increase awareness among the members about the considerable support and advice offered by Harrow council. 7. Arrange annual day trip by coach. 8. Arrange barbecue. 9. Volunteers carry out home visits to families suffering illness or bereavements. | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|---|
| No. 14 | Name of organisation: HARROW SHOPMOBILITY Name of project: Expanding awareness of Harrow Shopmobility to a wider user base Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £6195.00 Amount Requested 2014/15: £5000.00 Balance: £1195.00 Number of Beneficiaries: 200000 Assessment Score as %: 66.66% Amount Awarded 2013/14: £16564.20 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Harrow Shopmobility has become aware that although having a large user base it is still not reaching all of those that could benefit from it's services.</p> <p>In this project Harrow Shopmobility would like to undertake is the production of 10,000 fliers and 10,000 Rack cards for distribution to hospitals, charities, and medical practices throughout Harrow: as well as surveying its own members,</p> <ul style="list-style-type: none"> a) Greatly increase the awareness of our services to those who need to use them and also increase awareness within the general public about our service. b) To increase the number of users far beyond the 3500+ we currently have, increasing their mobility, freedom of access to Harrow and their independence. c) Ensure that nobody is deprived of the service we offer because they are unaware of our existence and the service we provide. <p>We would also use this funding to contact our existing user base to ensure that we have their correct details, and that they are aware of the full range of our current services.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|--|
| No. 15 | Name of organisation: HARROW TAMIL ASSOCIATION Name of project: Drop in day centre to promote quality of life for elders | Total Project Cost: £8971.50 Amount Requested 2014/15: £4950.00 Balance: £4021.50 Number of Beneficiaries: 50 Assessment Score as %: 83.33% Amount Awarded 2013/14: £3450.00 |
| Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | | |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Run a day drop in centre for the elders for four days a week -Mondays, Tuesdays, Thursdays & Fridays for 3hrs daily, from 10.30am - 1.30pm. total of 160 days. Organise physical activities weekly, such as yoga, Keep fit & breathing exercises, group walks, and annual sports meet.</p> <p>Provide facilities for mental relaxation such as indoor games, handicraft - knitting, drawing & painting, flower arrangements and day trips. Arrange 10 health promoting activities such as discussions, seminars on health issues, on facing ageism, gain knowledge on diseases that affect the elderly, how to prevent, how to cope up if affected, and special dietary needs, by health and medical professionals.</p> <p>Provide opportunities to bring positive changes in life. Organise luncheon clubs, Social gatherings, and annual cultural celebrations.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|---|
| No. 16 | Name of organisation: HARROW TOWN CRICKET CLUB - LADIES SECTION (FORMERLY - HEADSTONE MANOR LADIES CRICKET CLUB) Name of project: Ongoing Development of Female Cricket | Total Project Cost: £11900.00 Amount Requested 2014/15: £4350.00 Balance: £7550.00 Number of Beneficiaries: 60 Assessment Score as %: 80.00% Amount Awarded 2013/14: £0 |
| Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | | |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>The project will offer a safe and encouraging environment for participants to train with fully qualified ECB cricket coaches.</p> <p>The club encourages individuals from all cultures and communities to participate and targets females as they are traditionally less likely to participate in cricket.</p> <p>The club offers a venue, equipment and experienced coach support to ensure that participants learn the game and are able to play the game to match standards.</p> <p>The club enables participants to increase their fitness levels by providing general fitness activities to increase their strength and stamina and encourages a socially interactive environment which promotes team work.</p> <p>The club offers the opportunity to qualify in professional coaching courses which are accredited by the ECB and offers courses in young leadership which provides further academic skills and abilities.</p> <p>All staff members have enhanced CRB checks.</p> <p>The project is open to all girls and ladies in Harrow, and part of our remit is that we run the Harrow girls squad in the Youth Games representing the London Borough of Harrow.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|--|
| No. 17 | Name of organisation: Harrow United Deaf Club Name of project: HUDC's Bringing People together project Corporate Priority: United and involved communities Core Outcome: Diversity is celebrated and people feel they get on well together | Total Project Cost: £5836.00 Amount Requested 2014/15: £5000.00 Balance: £836.00 Number of Beneficiaries: 100 Assessment Score as %: 83.33% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>HUDC's Bringing People together is a project that enables both deaf and hearing people including social/ community activities.</p> <p>The project is to provide 12months of monthly educational programme events during the afternoon/evening. The programmes designed to empower & inform members, inviting speakers discuss local and national issues. The discussion groups enable members to have a voice on issues that affect their daily living, and ensure they have full access to information and services that they may otherwise not be aware of.</p> <p>The project will ensure all members of all ages, faiths meet in an informal & relaxed social environment. Deaf children and hearing children of deaf adults enjoy a range of kids activities including art & craft, drama/ games whilst older people take advantage of the meetings to get out of their homes and reduce their social isolation.</p> <p>HUDC is unique in their approach by bringing communities together. The project will use the grant to cover the cost of venue hire, cost of activities/ speakers, communication support to meet the access needs, volunteer's expenses and materials needed for each event. Also to provide volunteers with training opportunities.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|--|
| No. 18 | Name of organisation: Herts Inclusive Theatre Name of project: Acting Up - (Adult Drama Group) Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport,leisure and cultural activity | Total Project Cost: £3660.00 Amount Requested 2014/15: £3000.00 Balance: £660.00 Number of Beneficiaries: 125 Assessment Score as %: 80.00% Amount Awarded 2013/14: £3750.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Acting Up is a weekly theatre and drama based session for anyone over the age of 18. Sessions take place at the Aspire Centre in Stanmore. The project runs for twelve weeks each term, there are 3 terms per year, and we require funding for two terms (Sept - Dec & Jan - April). The project is accessible to all members of the local community and the aim of the project is to provide a service which helps to break down barriers in communities, and assists with cohesion. A maximum of 20 participants can attend each session, and we welcome new members weekly. The project welcomes volunteers to assist with the running of the sessions, and administration for the project. The project offers performances for the whole community to enjoy, often outdoor performances in parks and public spaces bringing theatre to those that may not have accessed live theatre before.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|---|
| No. 19 | Name of organisation: Indian Association of Harrow Name of project: Community Seniors Club | Total Project Cost: £9685.00 Amount Requested 2014/15: £5000.00 Balance: £4685.00 Number of Beneficiaries: 250 Assessment Score as %: 90.00% Amount Awarded 2013/14: £3750.00 |
| Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | | |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>The project is intended primarily for elderly Indians and other residents of Harrow with similar social and cultural needs. Users from other communities in Harrow would also be welcome.</p> <p>It is proposed to hold two club get-togethers a month and 4 special diversity events a year at Victoria Hall, plus 2 outings a year.</p> <p>Between 70 to 95 users will attend each get-together (daytime), an average of 100 each special event (evening) and 50 - 70 each outing.</p> <p>Typically users will</p> <ol style="list-style-type: none"> 1. Meet other elderly people and participate in leisure & recreational activities. 2. Join in fitness activities (yoga, breathing & stretching exercises). 3. Participate in discussions/talks, watch videos/ demonstrations which provide information & advise on diet, health, well being matters, benefits & issues affecting the elderly. 4. Have a nutritious meal. <p>We will actively promote diversity by organising four special events a year, where potential users from other ethnic communities can find out more about the club and meet its users. This will improve community cohesion through increased interaction between communities.</p> <p>Users will also go on group outings or visit places of interest</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|---|
| No. 20 | Name of organisation: London Kalibari Name of project: London Kalibari Working in and involving the Community 2014/15 Corporate Priority: United and involved communities Core Outcome: Diversity is celebrated and people feel they get on well together | Total Project Cost: £15740.00 Amount Requested 2014/15: £5000.00 Balance: £10740.00 Number of Beneficiaries: 450 Assessment Score as %: 56.66% Amount Awarded 2013/14: £2500.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>London Kalibari organises activities, for people of all ages and for both sexes, to improve the life experiences and well-being and to reduce isolation of many members of the community. The activities include Senior Citizens' Luncheon Club, Women/Widows' Group, Yoga Classes, Music and Dance Classes, Discussion of Heritage and Current Social Issues, and dissemination of information on local health services and local councils, and educational opportunities. We have organised an Art Exhibition with paintings and other artifacts from the members of the local community this year. We have acquired a rental place since February 2012 and now hold most of these activities there.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|--|
| No. 21 | Name of organisation: Namaste Care CIC Name of project: Lotus Dementia Cafe Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £9850.00 Amount Requested 2014/15: £4900.00 Balance: £4950.00 Number of Beneficiaries: 50 Assessment Score as %: 36.66% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Lotus Dementia Cafe is a place to get advice, share experiences and make new friends.</p> <p>The Cafe's aim is to build a community of carers and people with Dementia who can support one another through the most difficult situations when dealing the effects of dementia. People who attend dementia café form friendships, support each other and share their experiences and can talk at ease knowing they are not on their own which often helps people to deal with either their own dementia or the care that they may be giving to their partners or family.</p> <p>If a person has been diagnosed with dementia or is caring for someone with dementia or are involved with any aspect of the illness, they can register with Lotus dementia cafe and join the community.</p> <p>The café is currently run from a private house in their living room. The sessions are called "Chai and Chat". Sessions start with everyone introducing themselves followed by gentle exercise based on "armchair yoga".. Tea and biscuits are served in the middle. There is general talk and if people want to talk or explore a subject then this is facilitated. The session ends with singing common songs and hymns.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|--|
| No. 22 | <p>Name of organisation: Navnat Yuva Vadil Mandal</p> <p>Name of project: Provision of Transport Facility For The Harrow Elderly and Disabled Members</p> <p>Corporate Priority: Supporting and protecting people who are most in need</p> <p>Core Outcome: Harrow residents are able to lead independent and fulfilling lives</p> | <p>Total Project Cost: £12480.00</p> <p>Amount Requested 2014/15: £5000.00</p> <p>Balance: £7480.00</p> <p>Number of Beneficiaries: 53</p> <p>Assessment Score as %: 30.00%</p> <p>Amount Awarded 2013/14: £0</p> |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>The elderly and disabled members of our organisation, residing in Harrow, find it difficult to go to Hayes because there is no direct public transport. Our coach service, from Canons Park tube station and Kenton Library, helps them to go to our activities provided at Navnat Centre (yoga, computer classes, healthy lunches, afternoon entertainment programmes, etc.) every Friday.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|---|
| No. 23 | Name of organisation: Parkinson's UK - Harrow Branch Name of project: Singing classes for people suffering from Parkinson's and their carers Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £1380.00 Amount Requested 2014/15: £1200.00 Balance: £180.00 Number of Beneficiaries: 3036 Assessment Score as %: 46.66% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>There is now abundant evidence that group singing can be beneficial for people living with Parkinson's. To this end, the branch will draw on the experiences of music practitioners with considerable experience of running such groups. A sense of wellbeing is significantly affected by people's view of their physical, psychological and social statuses through improvement in lung capacity and improved posture. The proposed singing classes will to stimulate positive hormones that can all help to counter some of the challenges arising from living with Parkinson's. Singing can help people with Parkinson's communicate in a number of ways. Above all, the singing classes will improve cognitive function an understanding and generate positive effect on living in a world with others. The mechanical processes of singing can also help to support physical function in people with Parkinson's</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|---|
| No. 24 | Name of organisation: Radio Northwick Park Name of project: Radio Northwick Park Running Costs 2014 Corporate Priority: United and involved communities Core Outcome: Harrow residents participate in art, sport, leisure and cultural activity | Total Project Cost: £4717.64 Amount Requested 2014/15: £4717.64 Balance: £0 Number of Beneficiaries: 15000 Assessment Score as %: 60.00% Amount Awarded 2013/14: £0 |
| <u>Briefly describe the project / activity</u> (Extract from Application Form) Due to necessary upgrades we have forecast continued high expenditure for the foreseeable future. We are therefore looking to limit costs elsewhere by funding our running costs that are increasing year on year. By doing this it enables us to focus on areas of growth to further our objects and improve our service. | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|--|
| No. 25 | Name of organisation: Russian Immigrants Association Name of project: Drop in Centre Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are helped to lead independent and fulfilling lives | Total Project Cost: £14362.00 Amount Requested 2014/15: £4932.00 Balance: £9430.00 Number of Beneficiaries: 400 Assessment Score as %: 56.66% Amount Awarded 2013/14: £3750.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Russian Immigrants Association is seeking funding of £5,000 to continue the existence of the Drop-in Centre. The Drop-in Centre as described above is the most pivotal aspect of our charity. We are the only organization in Harrow that offers the following services for free and without it we would not be able to help so many.</p> <p>The Drop-in Centre has been a part of the charity from its beginning in 1999. By having a safe space where Russian-speaking people who are struggling with life in the UK can come, we tap into the problems they face and are able to create solutions. The services we provide are as follows:</p> <ul style="list-style-type: none"> • Advice and Support • Translation • Interpretation • Referral to relevant social institutes • Information and contact about other organisations • Invitation to projects that we are running • Support from our adviser and counselor • Application support | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|---|
| No. 26 | Name of organisation: Sai School of Harrow Name of project: Scaling Up Sai School Programmes and Activities to support Harrow events Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are helped to lead independent and fulfilling lives | Total Project Cost: £5220.00 Amount Requested 2014/15: £4600.00 Balance: £620.00 Number of Beneficiaries: 90 Assessment Score as %: 43.33% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Sai School has been referred to as a Bridge Builder for working in partnership with Harrow organisations and giving positive images of children and young people. Over the years volunteer tutors have trained our pupils to the best of their capacity. We now need to secure professional tutors and trainers so we can retain committed students and scale up our standards to showcase the best of our pupils strengths and talents. We wish to ensure that we produce year-round quality events and maintain links, support and partnership with Council events and other voluntary and local community organisations.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|--|
| No. 27 | Name of organisation: Somali Cultural and Educational Association Name of project: Educational Support Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £4950.00 Amount Requested 2014/15: £4950.00 Balance: £0 Number of Beneficiaries: 30 Assessment Score as %: 63.33% Amount Awarded 2013/14: £2495.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>This project is to support all under achieving school children in all core subjects in Harrow, and provides classes for young children (boys & girls) year 4 - 11 on weekends at Somali Community Centre in Harrow.</p> <p>The project hopes to have seen definite improvements in school attainment among pupils, who need to be able to relate their improvement to their culture environment .The project will allow us to assess the need more closely our young people, and work more closely with school with the aim of improving among Somali pupils, improving our relationship with them.</p> <p>The project also provides sport activities and cultural events, and these increase children's motivation self-esteem and confidence as well as parents skills in IT.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|---|--|
| No. 28 | Name of organisation: South Harrow Christian Fellowship Name of project: Youth Enrichment Programme | Total Project Cost: £6132.96 Amount Requested 2014/15: £4978.00 Balance: £1154.96 Number of Beneficiaries: 105 Assessment Score as %: 83.33% Amount Awarded 2013/14: £8001.22 and £3710.70, Total £11711.92 |
| Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | | |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>We currently run three youth/kids clubs & parental support prog.s</p> <p>-Kids Club (5–9 yr)</p> <p>Includes games,creative or craft activities,storytelling & refreshments.</p> <p>Objectives: promote independence,team spirit & fair play,improve listening skills, ability to focus on a task & stimulate creative talents</p> <p>-Blaze (10–12 yr) - Includes a choice of game activities,icebreaker,discussions & refreshments</p> <p>Objectives: Promote team spirit, money management skills, express opinions in a comprehensive & appropriate manner, how to behave in an appropriate manner in a social atmosphere, encourage integration of youth from diverse communities</p> <p>-Youth Drop in Center (13+ yr)</p> <p>Objectives: Encourage any youth who haven't been to our clubs before to simply drop in and offer free pizza and drinks and a safe environment to hang out at. By offering taster sessions to those interested we hope to encourage regular attendees to join our more structured programme.</p> <p>Parent support</p> <p>-1-2-1 Support</p> <p>-Workshops (parenting skills, drug awareness)</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|--|---|
| No. 29 | Name of organisation: SPECIAL CONNECTION Name of project: Drama workshops for children of all abilities Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | Total Project Cost: £6083.00 Amount Requested 2014/15: £5000.00 Balance: £1083.00 Number of Beneficiaries: 200 Assessment Score as %: 33.33% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>One day and two day drama workshops focussing on those with Profound and Multiple Learning Difficulties, the visually impaired and those with Autistic Spectrum disorders, who have great difficulty in sharing their space. Using a Sensory Drama format including main stream students we can, in a small way, help their development and create greater understanding.</p> | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|---|---|---|
| No. 30 | Name of organisation: Tamil Association of Brent Name of project: Women Outreach Project Supporting the disadvantaged women to become independent and lead a healthy life. | Total Project Cost: £5000.00 Amount Requested 2014/15: £5000.00 Balance: £0 |
| Corporate Priority: Supporting and protecting people who are most in need Core Outcome: Harrow residents are able to lead independent and fulfilling lives | | Number of Beneficiaries: 200 Assessment Score as %: 73.33% Amount Awarded 2013/14: £0 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>To address the identified needs described in 7e, project will run the following activities:</p> <ol style="list-style-type: none"> 1. Run sewing and cookery classes to make traditional dresses and Sri Lankan snacks with the support of our members who have special skill on those areas. The mothers who bring their children for Sunday school wait until their children finish their lessons. They would use that time more productively. Initially the project provides classes for 20 mothers in each. The course will be for 10 weeks with 2 hours lesson. 2. Run Yoga classes for 30 people -1 hour class for ten weeks. In these classes they learn some easy and useful postures, breathing exercises and relaxing techniques to improve their health. 3. Run medical screening for 100 people. Medical screening will be provided by the professional doctors who are our members and their friends or colleges. In medical screening, we provide blood, urine test, check weight, height, pressure, BMI, advice to their GP if needed, medical and dental talk on common topics and advice on prevention. This can be done once a month. This will be very useful as it informal, no language barrier and friendly environment. | | |

Appendix 3 – Summary of Small Grant Applications

| | | |
|--|--|---|
| No. 31 | Name of organisation: Voluntary Action Harrow Limited Name of project: Harrow Trustee Network Better Governance and Trustee Diversity Pilot Corporate Priority: United and involved communities Core Outcome: A strong and sustainable Third Sector able to deliver diverse, efficient and tailored local services | Total Project Cost: £8401.80 Amount Requested 2014/15: £4999.60 Balance: £3401.80 Number of Beneficiaries: 310 Assessment Score as %: 90.00% Amount Awarded 2013/14: £2499.00 |
| <p><u>Briefly describe the project / activity</u> (Extract from Application Form)</p> <p>Our project will recruit and match young people attending Harrow College with employees from local businesses and place them as trustees within VCS groups in Harrow that have vacancies. We will also support existing trustees via a quarterly Harrow Trustee Network (HTN) meetings. We already organise quarterly Harrow Trustee Network meetings in venues around Harrow. Invited speakers talk about issues relevant to trustee roles and responsibilities providing trustees an informal learning opportunity. An hour discussion is followed by a networking session for trustees to share their problems, solutions and develop partnerships. Our development worker will specifically concentrate on increasing the attendance of HTN by trustees from organisations representing people with disabilities and BMER communities. Our development worker will also work with Harrow College and local businesses to recruit and match young people on accountancy, business and legal courses with skilled local professionals.</p> | | |